

# MARATHON İZMİR 11 APRIL 2021

## COVID - 19 PREVENTIONS

1

### Online Registration

All registrations will be on [www.maratonizmir.org](http://www.maratonizmir.org) web site.

2

### Bib Nr Delivery

SMS will be sent to the phone number submitted by the athlete during the online registration. The SMS will inform about the table number where the athlete will get his/her chest number and chip.

The athletes will receive their race kits, bib numbers and chips by going to the table number specified in their message by wearing their masks and after their body temperature is measured and their hands are sanitized.

It is planned that all athletes will complete the registration process with a pre-cleaned disposable pen and leave the area within 15 minutes by taking all the items in one bag at once. The bags will contain bib number, chip and racing shirt.

**3**

## **Social Distance, Warm-up Area and Event Area**

On the day of the competition, the athletes will be taken to the event and warm-up area specially reserved for them, from only one entrance with their masks on, with fever checks and after maintaining all hygienic conditions.

All athletes will be localized with 1,5 m of distance form back to front and from left to right. Volunteers carrying masks, gloves and hand disinfectant will be found in the warm-up, start and end areas of the entire course, and distribution will be made to anyone who wishes.

All participants including volunteers and staff are obliged to wear masks.

The warm-up will be carried out on the grass area within the event area. In the event area, athletes will be able to prepare for warm-up movements at the points designated for them.

The bags given in the distribution of the kit for safety will be used for bag deposit items and the bags will be kept in the safety tent after the disinfection process.

Exiting the area will not be allowed after a certain hour and the warm-up exercise will be started

**4**

## Start

The area will be planned in separate sections for 42,195m and 10km runners, with people 1.5 meters from the front, back, right, and left. At the end of the warm-up, each block will be directed to the start by the staff with 4 people in each block, leaving 3 meters between them. The start will be completed in 113 waves in 15 minutes for 42.195m and for 10K in 188 waves in 30 minutes by giving start on each 10 seconds.

Trash cans for masks will be available in the areas where athletes progress for the starting corridor and within the first 500 meters after the starting point.

**5**

## After Finish - Medal / Nutrition / Bag Deposit Area

After finish line, masks will be distributed to athletes from the tables at the nutrition stations. There are water nutrition stations, athlete cooling areas, bag deposit area, award ceremony area exit and 15 toilets to be disinfected after each use, after the finish.

Athletes will be able to retrieve the items left in the safety tent by going to the desk number they left. Medals will not be hand-delivered to the athletes who come to an end, they will be delivered in nutrition bags at the end of the competition.

6

## Award Ceremony

Award ceremony will be held on the stage inside the event area.

Award ceremony will begin at 13:00. The award ceremony flow will be as follows:  
10K overall ranking, 10K age groups, 42K overall ranking, 42K age groups.